

[Click for The BEST Places to Buy Aphrodite's Pen](#)

## Learn How to Write A Sexy Story in a Week.

I've recently launched a **FREE** mini-writing class online to develop a sexy story from start to finish in a week.

Each day Monday through Friday, you'll get an email prompt to write about a different story element – character, setting, sensory experience – and then at the

end of the week on Saturday & Sunday, your prompts will guide you to bring together the elements into a finished story.

It's a fun and easy way to write story, and you can [enroll here](#).

**Please share with your friends.**

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## **Duke University Class**

# 2979 - Erotic Writing for Women



Delivery Options: Classroom

## Course Description

This course will explore erotic writing as a life-affirming practice. The activities in the course are designed for women who are new to writing, as well as for experienced writers who are new to erotica. We will draw on memory and imagination to write about the creative energy of older women. Each class will begin with a warm-up, often a game like limerick writing. In each session we will use a structured activity to develop a particular story element (character, plot, dialogue, etc.). We will also consult the existing canon of late-life erotica for inspiration. We will develop a shared approach to giving each other positive feedback and encouragement for these first drafts. Classes will include time when those who wish to do so may read their work to one another. In subsequent sessions, participants will integrate their story elements. By the end of the course, each participant can expect to have developed at least one full-length story that celebrates this vivid aspect of her life. | Facilitated discussion; Active participation; Writing

**Enroll Now - Select a section to enroll in**

**2979 - 001** Winter 2020 Classroom  
**Future Offering (Opens Dec 03, 2019)**

[Notify Me When Enrollment Opens](#)

Section Title:	Erotic Writing for Women	
Type:	Classroom	
Days:	M	
Time:	1:30PM to 3:00PM	
Dates:	Jan 13, 2020 to Mar 23, 2020	
Schedule and Location:	<a href="#">View Details</a>	
Contact Hours:	16.5	
Campus:	<a href="#">Durham - Judea Reform Congregation</a>	
Delivery Options:	<input type="text" value="Classroom"/>	
Course Fees:	<input type="text" value="Tuition non-credit \$100.00"/>	
Instructors:	<a href="#">Stella Fosse</a>	
Section Notes:	Recommended text: • Stella Fosse, <i>Aphrodite's Pen: The Power of Writing Erotica after Midlife</i> (9781623174057).	

I am super excited to offer a course in [erotic writing for older women](#) at Duke University's Osher Lifelong Learning Center (OLLI) in the Winter semester. The class will be based on the materials in *Aphrodite's Pen*, with many fun opportunities to write and to share. There will be writing games, prompts for all the senses, and encouragement to form a local Elderotica writing group. For women in the Triangle area, the catalog is out now and **registration opens 9:00 am December 3<sup>rd</sup>**- classes fill fast, be sure to book as soon as the booking window opens!

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Like the newsletter? Please Share it!



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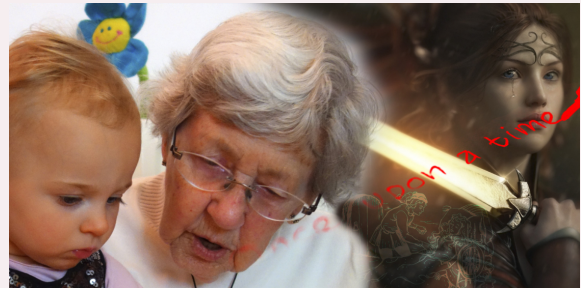
## New From Stella's Blog



### Lioness In Winter: Sheri S. Tepper

When I was forty, in the midst of raising children and being a corporate drone, I read [Gateway to Women's Country](#) by [Sheri S. Tepper](#). *Gateway*, published in 1988, is an audacious book. I had grown up in the heyday of male-centric post-apocalyptic science fiction.

By contrast, Tepper's novel is fully female-centric. It is set in a dystopian future where women craft uncomfortable solutions to the human dilemmas of



### Implanted Stories and the Aging of Female Boomers

Think back for a moment on [Snow White](#) and her nameless wicked queen, from 1937; [Cinderella](#) and her stepmother, from 1950; [Sleeping Beauty](#) and [Maleficent](#), from 1959. What a terrible career path – and more importantly, life path – we were given as girls: the progression from young / beautiful / passive / good, to old / ugly / strong / bad. Neither of these fixed combinations is something we would stand in line

aggression, overpopulation, and environmental degradation. Her premise and her viewpoint remain eye-opening.

But what stands out in my memory decades later.....

[Read More.....](#)

for as adults capable of critical thinking. But of course, when we female boomers first saw those powerful images back in the 1950s, we were young and impressionable children.

The messages ([read this excellent paper](#)) of these stunning Disney animated features were impossible to escape.....

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More Blog Posts

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## Free Stuff!

One facet of the modern book marketing effort is book giveaways, and we have two recently - one is still open if you act quickly!

The first *Aphrodite's Pen* Kindle book giveaway [is on Goodreads](#) [you need to be a member and to be signed in] and is sponsored by North Atlantic Books. ***The Goodreads giveaway remains open through December 9<sup>th</sup>.***

The second was on FaceBook sponsored by [Crunchy Tales](#), an ezine that has published both an interview with me and my Halloween story, "[The Pumpkin-Child.](#)"

If you haven't yet signed up for *Crunchy Tales*, it is a terrific magazine. I highly recommend their free pocket guide: "How to Age Playfully: Essential action steps for every modern playful lady" which is available when you subscribe.

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## Stella in the media

Remember hearing of those old-fashioned book tours, when authors travelled the country visiting one venue after another? Things are different now. Our West Coast and East Coast launches were wonderful. But it seems that in this electronic era, most of the publicity for a new book involves guest blogs, online interviews, and podcasts. I've been blessed with many of these publicity opportunities since the September publication. The first ones were listed in the October newsletter, and the November links are below. The reception has been great. Stephania at the *Age Buster*, had these kind words to say about our interview experience:

***"There are many reasons why I enjoyed my exchange with Stella Fosse. Author of "Aphrodite's Pen: The Power of Writing Erotica after Midlife," Stella is articulate, aware, and wise. Through her words, I have the feeling she gained a sort of lightness, she closed some circles, she let things go. It's probably in the light of this sheerness that her sense of humor developed and bloomed.***

***While she reminds us of the right to reclaim (and regain) the freedom to express our sexuality, she manages to condense the whole plot of sexism and ageism into five lines. "When people ask what my new book is about, and I tell them it's a book for older women about how and why to write erotica, many of them look shocked. I'm not sure they know where to file that information in their minds. Encouraging people to create that new brain folder feels like doing my bit for the cause of anti-ageism."***

"It's not just a way - as Stella puts it - 'to confront the nexus of ageism and sexism in our culture' and to show younger generations the richness of the life ahead. To take our sex life out of the closet, to see it is to take responsibility for it. It's also a way to get to know ourselves better."

[Read more....](#)

We have just as much right to live and enjoy life as anyone else  
November 12, 2019



In the current popular culture, we see young women pushed into sexuality before they are ready, and older women pushed out of sexuality before they choose to be

Stella Fosse, author of *Aphrodite's Pen: The Power of Writing Erotica after Midlife*

Of all the self-imposed limitations that come with aging, the ones related to our sexual freedom are the most subtle. Except for those who venture into this territory - alone, by chance, out of curiosity or of sheer desire - the area is culturally and stubbornly blanketed. Silence could be taken for consent, but there are people like Stella. Stella Fosse is the author of *Aphrodite's Pen: The Power of Writing Erotica after Midlife*, a book that celebrates the richness of our sexual experiences.

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### 'What I've learned about sex and how it can change in your 60s'

Stella Fosse  
Nov 23, 2019

"I discovered so much about the passionate side of life that I had suspected existed, but never really known for sure." Source: Getty Images

I was a 'late bloomer' when it came to the erotic side of life. I'm not alone either -- there is a whole subgenre of erotic romance about women like me. But try to find out why we are as we are, and you'll hit a brick wall.

## Life experience with sex and ageing.

"There I was, arriving at the party when everybody else was packing up to leave. My marriage was over, I was 57, and there was this new thing called online dating. What liberation, compared with my mother's generation."

Some people say that dating online after 50 is like looking through a yard sale for.....

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Looking for more of Stella's articles, blog posts, podcasts, etc?

[Click Here](#)

I would love it if you would consider writing an honest



review of Aphrodite's Pen [on Amazon](#), [Goodreads](#), or wherever you review books. Believe it or not, this really helps to get the word out!

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**This is Stella's monthly newsletter. Please help by sharing it with your friends via email and social media.**

**Or register [here](#) if this newsletter was forwarded to you.**

**Thank YOU!**



**Stella Fosse**

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